

**TITLE OF REPORT: Gateshead Health & Wellbeing Board – Progress Update**

**REPORT OF: Caroline O’Neill, Strategic Director, Care, Wellbeing and Learning**

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### **Summary**

To update and seek the views of the Care, Health & Wellbeing OSC on the work of the Gateshead Health & Wellbeing Board for the six-month period April to September 2018.

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### **Background**

1. The Health and Social Care Act 2012 provided for the establishment of Health & Wellbeing Boards (HWBs) as committees of local authorities to bring together leaders from the health and care system to work together to improve the health and wellbeing of their local population.
2. As part of the 2018/19 work programme for the Care, Health & Wellbeing OSC, it was agreed to provide two six monthly updates on the work of the HWB.
3. This report provides an update on the work of the HWB for the period 1 April 2018 to 30 September 2018. A second progress update covering the period 1 October 2018 to 31 March 2019 will be brought to OSC on 23<sup>rd</sup> April 2018.

### **Gateshead Health & Wellbeing Board – Progress Update April to September 2018**

4. The following update highlights key issues considered by the HWB and progress made since the previous update to Care, Health & Wellbeing OSC.

### **Needs Assessments**

#### ***Gateshead Healthy Weight Needs Assessment:***

5. The Board received the Gateshead Healthy Weight Needs Assessment across the life course. It was reported that healthy weight is a complex issue that can’t be addressed with ‘simple’ solutions. There continues to be several challenges to tackling obesity including the lack of evidence generally as to what works in addition to perceived ineffectiveness of

programmes and interventions. It was further highlighted that work needs to be done to combat ingrained attitudes and social norms.

6. An Obesity System Map was presented illustrating the various factors that contribute towards obesity – including food production, societal influences, food consumption, biology, individual psychology, individual activity and activity environment. It was noted that urban planning can have a significant impact on opportunities for physical activity, promoting safer environments for walking, cycling and recreation.
7. A summary was also provided on the impact of obesity on children and young people and the effects of obesity in adults throughout their life.
8. The Board agreed to the development of a long term and sustainable whole place approach across the life course, identifying clear priorities for local delivery. It was recognised that an appropriate balance will need to be secured between population-level measures and more targeted interventions and approaches. Population approaches include:
  - Design of the built environment to promote walking and active transport;
  - Building health into infrastructure through careful investment;
  - Seek to reduce exposure to an obesogenic diet by focusing on the availability of energy dense foods and sugar-rich drinks, changes in procurement and innovative changes in advertising and promotion.
9. At the same time there is a need to encourage robust community led interventions to tackle obesity at a place level.

### **Integrating Health and Care in Gateshead**

10. The Board received and considered updates on current thinking of health and care system leaders in Gateshead about opportunities for integrating services to improve the health and wellbeing outcomes of our population.
11. There is whole system support for an integrated approach to meet the following three objectives:
  - (i) To shift the balance of services from acute hospital care and crisis interventions to community support with a focus on prevention and early help.
  - (ii) To support the development of integrated care and treatment for people with complicated long-term health conditions, social problems or disabilities.
  - (iii) To create a better framework for managing the difficult decisions required to ensure effective, efficient and economically secure services during a period of continued public sector financial austerity.
12. The Board agreed key workstreams to take this work forward which culminated in a week-long workshop to develop emerging thinking around a Gateshead place-based approach to the integration of health and care.

A key aspiration is that planning and delivery arrangements are undertaken as close to place as possible whilst securing maximum value for the Gateshead £ and supporting the 'Thrive' agenda.

13. A 'report-out' from the workshop was provided to Board members, including next steps in taking this work forward. This included proposals to build upon the existing Gateshead Care Partnership to bring commissioners and providers together to secure better outcomes for local people.

***Gateshead Local Health and Care System Mini-Peer Review:***

14. The Board also considered the findings from a Gateshead local system mini-peer review that was undertaken in May. The review team consisted of Ann Workman, Director of Adults and Health, Stockton Borough Council (and NE ADASS Chair), Neil Revely, North East Care and Health Improvement Advisor and Jill Harrison, Director of Adult & Community Based Services, Hartlepool Borough Council.
15. Key messages that were highlighted from the peer review included:
  - People across the local health and care system described a single direction and therefore a shared vision and understanding across health and social care.
  - It was clear that the person is at the centre of our approach and that local partners share a common purpose.
  - Service users reported that the care they received was excellent, though there was some confusion in navigating the system (this mirrored findings from the Council's own survey).
  - Strong, well chaired HWB which has potential to play a strong role in system leadership.
  - We have shown a pragmatic approach – getting on with our own journey whilst things around us (e.g. at CNE level) remain unclear/uncertain.
  - Growing confidence in system leaders and significant improvement in partnership working. Partners seem to understand the position of other partners; tough times are bringing people together.
  - As well as focusing upon the funding pressures of individual organisations within the local health and care system, there is also a need to focus on the financial outlook for the Gateshead system as a whole.
  - Sustainability in home care and care home markets is one of the biggest challenges for the system.
  - Providers have a good relationship with the Council which was transparent and genuine. The level of joint commitment was visible.
  - The passion and commitment of front line staff was very clear.
  - IT systems will be crucial going forward on integration.
  - We were encouraged to be 'brave' and to continue the direction of travel that we have set for ourselves.

- In conclusion, the review team were very impressed with what they heard during the peer review and indicated that they had also learned from the approach being taken in Gateshead.

### **Strategic & Operational Plans**

16. The HWB considered the following strategic and operational plans during the period April to September 2018.

#### **17. Health & Wellbeing Strategy Refresh:**

The Council has developed a policy position which is: *'to ensure Gateshead is a Place where everyone thrives'*. At the heart of this policy is the refresh of our Health and Wellbeing Board strategy.

18. The Health and Wellbeing Strategy is a fundamental document which sets out the Board's aspirations to improve the health and well-being of the population in Gateshead.

19. Proposals to refresh the Health and Wellbeing Strategy were endorsed by the HWB, including the establishment of a steering group to include representatives from organisations who sit on the Board as well as representatives from economic development, housing strategy, and environment and development to ensure the refreshed strategy achieves a strengthened focus on the wider determinants of health.

20. The Board also endorsed the hosting of a major conference on 23<sup>rd</sup> January to engage with a wide group of stakeholders, so people feel able to contribute to and shape the strategy. An ageing population, economic downturn, austerity and the impact of welfare reform has placed a huge burden on our citizens and creates challenges for Gateshead.

21. The key note speaker will be Sir Michael Marmot who will speak about the social determinants of health and inequalities. The conference will present an opportunity to adopt a more innovative approach and to reshape the health and wellbeing of our population.

#### **22. Children & Young People Mental Health Local Transformation Plan:**

The local transformation plan for Children and Young People's Mental Health is refreshed annually and the 2017/18 plan was considered and endorsed by the Board.

23. It was reported that a whole systems CAMHS model for Newcastle and Gateshead has been developed in line with key principles including improved access to services (single point of access); shared care and joint planning; choice of provision; increased early identification and effective intervention; and reduced dependency on specialist services.

24. The Board also received a position paper on Children and Young People Mental Health Services waiting times. It was reported that work is underway to better understand pressures on services from both new referrals and waits for treatment and specific therapies.

25. It was acknowledged that there are huge pressures on services to support those requiring treatment. The need for an open flow of communication between providers was identified to ensure the best possible outcomes for patients.

**26. *Children & Young People in Care and Care Leavers Strategy:***

The Board received a draft of the Children & Young People in Care and Care Leavers Strategy which sets out the vision and principles underpinning the approach being taken and included feedback from children in care.

27. Seven key priorities were reported to lie at the heart of the strategy:

- (i) Our Children and Young People are respected and involved;
- (ii) Our placements are safe and meet the needs of our Children and Young People;
- (iii) Positive relationships and identity;
- (iv) Our Children and Young People will be supported to improve their physical and emotional health and wellbeing;
- (v) Our Children and Young People are encouraged to reach their educational, employment and training potential;
- (vi) Our Young People moving into adulthood will be supported to achieve their full potential in life;
- (vii) Improve our role as the Corporate Parent.

28. Success will be directly measured against the following outcomes:

- Young people make successful transitions to adult life and achieve their aspirations through having the care, support and help they need from Gateshead Council acting as corporate parents;
- Care leavers receive the help they need through having well developed Pathway Plans in place;
- Care leavers will be successful in obtaining education, employment or training.

29. A broader picture of the current services available to support children and young people in care was also outlined, highlighting that the service was recently rated 'Good' by Ofsted.

### **Assurance / Performance Management**

30. The following items were considered by the HWB as part of its assurance role and as part of its overview role of performance management.

**31. *Local Safeguarding Adults Board Annual Report and Strategic Plan:***

The Board endorsed the Safeguarding Adults Board Annual Report 2017/18 and the 2016/19 (2018 update) Strategic Plan. It was reported that key areas of work in 2017/18 included the development of a performance dashboard, the development of practice guidance for adult sexual exploitation, the implementation of a community and engagement

strategy, improved links with the voluntary and community sector, maintaining compliance with Deprivation of Liberty Safeguards, and a revised approach for responding to statutory Safeguarding Adult Reviews.

32. The revised Strategic Plan 2016/19 set out how the Safeguarding Adults Board will achieve its five strategic priorities:
- Quality Assurance
  - Prevention
  - Community Engagement and Communication
  - Improved Operational Practice
  - Implementing Mental Capacity Act / Deprivation of Liberty Safeguards

33. *Health Protection Annual Report:*

The Board received a report on health protection responsibilities and arrangements in Gateshead as part of the Council's statutory duties regarding health protection assurance.

34. A summary was provided on prevention work including immunisation, screening, emergency preparedness, resilience and response. A summary of surveillance and control work was also provided to the Board.

35. It was noted that existing health protection assurance arrangements are working well and have been effective in dealing with all aspects of health protection.

36. *Better Care Fund:*

The Board considered and endorsed the final quarterly return to NHS England for 2017/18 and the first quarterly return for 2018/19. The returns focused on budget arrangements, how national conditions relating to the BCF are being met and performance against key indicators – non-elective admissions to hospital, permanent admissions to residential care, reablement, and delayed transfers of care.

37. *Performance Report for the Health & Care System:*

The HWB received an update report on performance within health and social care to enable the Board to gain an overview of current system performance.

**Other Issues**

38. Other issues considered by the HWB included:

*Update on Integrated Care System / Integrated Care Partnerships* – the Board received a presentation on the NHS direction of travel regarding an Integrated Care System for the North East and North Cumbria and four Integrated Care Partnerships to be established at a sub-regional level. The presentation confirmed the importance of 'place-based' decision making.

*LGA Green Paper on Adult Social Care* – On 5<sup>th</sup> August 2018, the Local Government Association launched a nationwide consultation to kick-start

a desperately-needed debate on how to pay for adult social care and rescue the services caring for older and disabled people from collapse. The LGA green paper - alongside funding issues – also sought to start a much-needed debate about how to shift the overall emphasis of our care and health system so that it focuses far more on preventative, community-based personalised care, which helps maximise people’s health, wellbeing and independence and alleviates pressure on the NHS.

It was reported that responses to the LGA consultation would be used to inform and influence the Government’s green paper and spending plans. The Board agreed to the preparation of a whole system response to the LGA Green Paper on adult social care which was subsequently submitted to the LGA.

*Reprocurement of the Gateshead Integrated Sexual Health Service –* An update was provided to the Board on progress in re-procuring the Gateshead Integrated Sexual Health Service. It was noted that the new service is expected to go live from April 2019.

*Drug Related Deaths in Gateshead –* The Board received a report to update on the current position within Gateshead in respect of drug-related deaths (DRDs) and the action being taken to address this.

It was reported that in 2012 there were 6 DRDs in Gateshead. By 2016 this had risen to 19, and in the period 2014-16 Gateshead had the 6<sup>th</sup> highest rate of drug-related deaths in England. The number fell back to 12 in 2017, but there were already 22 deaths in 2018 when the Board considered the report in July (the provisional final figure for 2018 is 33).

An analysis of the deaths identified some common factors including:

- Most of the deaths were of men, aged 30-46;
- Most, but not, all were known to treatment services;
- Most were long-term users;
- Most involved multiple substances including prescription and illegal drugs, particularly opioids, as well as alcohol; and
- Cocaine emerged as a factor.

Actions being taken to reduce the risk of deaths amongst substance misusers were reported to the Board, including the implementation of a new model for local substance misuse services.

*Presentation on Community Linking Project (Edberts House) –* a presentation was provided on the work of the project and its positive impact on local communities.

*Presentation on ‘Fulfilling Lives’ Project –* The Board received a presentation outlining the new Fulfilling Lives Newcastle Gateshead model introduced in April 2018 and how it seeks to support the Council’s Thrive agenda and respond to recommendations within the Homeless Health Needs Assessment.

**Recommendations**

39. The views of OSC are sought on:

- (i) the progress update on the work of Gateshead's Health & Wellbeing Board for the first six months of 2018/19 as set out in this report.

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